

Table of Contents

Introduction to the book

Introduction to the authors

Chapter 1 – Why is Divorce so Hard?

Bill Koontz

Chapter 2 – Layers of Divorce

Dan Cox

Introduction

Emotional Layer

Legal Layer

Property Layer

Financial Layer

Social Layer

Physical Layer

Family Layer

Sexual Layer

Religious Layer

Dream Layer

Chapter 3 – The Crisis Cycle

Part 1 – The Timeline

Paulette Warner

Part 2 – The Valley

Bill Koontz

Part 3 – The Recovery

Bill Koontz

Chapter 4 – Dealing with Loneliness

Paulette Warner

Chapter 5 – Owner's Compass - A Biblical Understanding of Divorce & Remarriage

Bill Koontz

Introduction

Old Testament

New Testament
Conclusion

Chapter 6 – Forgiveness

Bill Koontz

Misconceptions and Truth About Forgiveness

Signs of Unforgiveness

Accepting God's Mercy

Forgiveness Forges the Way Forward

Practical Steps of Forgiveness

Relational Power of Forgiveness

Forgiveness Unlocks a Better Future

Chapter 7 – Self-Image – Healing and Re-Discovery

Paulette Warner

Chapter 8 – New Lifestyle - Transition and Change

Paulette Warner

Chapter 9 – Single Again, Dating and Sex, Oh My!

Dan Cox

Chapter 10 – Thoughts to Church Leaders

Bill Koontz

Conclusion

Other Resources